

## UW HEALTH JOB DESCRIPTION

### CLINICAL NUTRITION SPECIALIST

|  |                          |                         |                     |
|--|--------------------------|-------------------------|---------------------|
| Job Code: 430003                                   | FLSA Status: Exempt      | Mgt. Approval: M. Waltz | Date: November 2022 |
| Department: Clinical Nutrition & Culinary Services | HR Approval: S. Whitlock | Date: November 2022     |                     |

#### JOB SUMMARY

The Clinical Nutrition Specialist is responsible for oversight, development, and implementation of the nutrition, culinary and wellness programming that is delivered to employees, patients and families across the continuum of care to align strategic work in clinical nutrition and culinary services with the health, wellness and sustainability practices of the organization. The incumbent maintains an annual program of work for nutrition, culinary, and lifestyle education that supports primary care, specialty care and distinctive program work for the organization. This position requires excellent project management skills and the ability to collaborate with a variety of internal and external stakeholders, including medical professionals, community partners, culinary staff and registered dietitians, to ensure the evidence-based content is delivered using best practices for health literacy and is provided with a culture lens. This position also requires in-depth knowledge regarding food preparation and safety, general nutrition and medical nutrition therapy, as well as, motivational interviewing, chronic disease prevention and management, health promotion and culinary skills that can help engage patients to maintain and/or improve their own health and well-being. Responsibilities may include managing projects, developing programming and partnering with other programs and services.

#### MAJOR RESPONSIBILITIES

- Collaborates with leaders to develop content and evidence-based curriculum for nutrition and culinary programs that support the work of Culinary and Clinical Nutrition Services at UW Health. Identifies resources needed for programs and works with administrative staff to obtain as needed.
- Delivers education using innovative models of instruction and creates an environment that enhances effective learning to engage staff, patients and families in making positive lifestyle changes to maintain and/or improve their knowledge, skills, health and well-being.
- Collaborates with internal and external communication experts to ensure programs are promoted to appropriate audiences to ensure adequate attendance, using a variety of communication channels and marketing techniques.
- Assists with monitoring program and department metrics, submitting data, writing business and/or research proposals, plans and data.
- Conducts needs assessment(s) and continually evaluates programs, in-services and continuing education opportunities to create an annual or bi-annual program of work to meet the changing needs of the organization.
- Establishes collaborative relationships with operational leaders across the organization and external stakeholders.
- Assists with internship program development, precepting for areas of expertise and ambulatory clinical coverage.
- Supports department promotions of Food as Medicine concepts to elevate the practice and profession.
- Actively engaged in quality initiatives and outcomes-based research in collaboration with organizational colleagues and/or department staff.

**ALL DUTIES AND REQUIREMENTS MUST BE PERFORMED CONSISTENT WITH THE UW HEALTH PERFORMANCE STANDARDS.**

#### JOB REQUIREMENTS

|   |           |   |
|---|-----------|---|
| Education                                 | Minimum   | Master's degree in nutrition, dietetics or related field.   |
|   | Preferred |   |
| Work Experience                           | Minimum   | Five (5) years of experience in dietetics and/or education.   |
|   | Preferred | <ul style="list-style-type: none"> <li>• Experience in development, implementation, and evaluation of operational best practices and/or programs.</li> <li>• Experience in teaching within an education program or as a clinical preceptor.</li> </ul>  |
| Licenses & Certifications                 | Minimum   | <ul style="list-style-type: none"> <li>• Registered Dietitian by the Commission on Dietetic Registration.</li> <li>• Certified Dietitian in the State of Wisconsin.</li> </ul>  |
|   | Preferred | <ul style="list-style-type: none"> <li>• Certified Serv Safe Instructor and Proctor</li> </ul>  |
| Required Skills, Knowledge, and Abilities |           | <ul style="list-style-type: none"> <li>• Competent in all areas of clinical nutrition practice.</li> <li>• Excellent interpersonal communication, problem solving, and conflict resolution.</li> <li>• Knowledge of current best practice recommendations and position statements supported by the Academy of Nutrition and Dietetics and American Society of Enteral and Parenteral Nutrition.</li> <li>• Ability to identify and assess education needs within the department.</li> <li>• Proficient in use of various business software applications, social media platforms, Nutrition Care Process and Nutrition Care Manual.</li> </ul> |

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- Ability to function with a high degree of independence while actively collaborate with healthcare members.

### AGE SPECIFIC COMPETENCY (Clinical jobs only)

Identify age-specific competencies for direct and indirect patient care providers who regularly assess, manage and treat patients.

**Instructions:** Indicate the age groups of patients served either by direct or indirect patient care by checking the appropriate boxes below. Next,

|          |                             |          |                              |
|----------|-----------------------------|----------|------------------------------|
| <b>X</b> | Infants (Birth – 11 months) | <b>X</b> | Adolescent (13 – 19 years)   |
| <b>X</b> | Toddlers (1 – 3 years)      | <b>X</b> | Young Adult (20 – 40 years)  |
| <b>X</b> | Preschool (4 – 5 years)     | <b>X</b> | Middle Adult (41 – 65 years) |
| <b>X</b> | School Age (6 – 12 years)   | <b>X</b> | Older Adult (Over 65 years)  |

### JOB FUNCTIONS

Review the employee's job description and identify each essential function that is performed differently based on the age group of the patient.

### PHYSICAL REQUIREMENTS

**Indicate the appropriate physical requirements of this job in the course of a shift.** *Note: reasonable accommodations may be made available for individuals with disabilities to perform the essential functions of this position.*

| Physical Demand Level  | Occasional<br>Up to 33% of the time | Frequent<br>34%-66% of the time   | Constant<br>67%-100% of the time                                      |
|--|-------------------------------------|---|---|
| <b>X</b> <b>Sedentary:</b> Ability to lift up to 10 pounds maximum and occasionally lifting and/or carrying such articles as dockets, ledgers and small tools. Although a sedentary job is defined as one, which involves sitting, a certain amount of walking and standing is often necessary in carrying out job duties. Jobs are sedentary if walking and standing are required only occasionally and other sedentary criteria are met. | <b>Up to 10#</b>                    | <b>Negligible</b>   | <b>Negligible</b>   |
| <b>Light:</b> Ability to lift up to 10 pounds maximum and occasionally lifting and/or carrying such articles as dockets, ledgers and small tools. Although a sedentary job is defined as one, which involves sitting, a certain amount of walking and standing is often necessary in carrying out job duties. Jobs are sedentary if walking and standing are required only occasionally and other sedentary criteria are met.              | <b>Up to 20#</b>                    | <b>Up to 10#</b> or requires significant walking or standing, or requires pushing/pulling of arm/leg controls | <b>Negligible</b> or constant push/pull of items of negligible weight |
| <b>Medium:</b> Ability to lift up to 50 pounds maximum with frequent lifting and/or carrying objects weighing up to 25 pounds.   | <b>20-50#</b>                       | <b>10-25#</b>   | <b>Negligible-10#</b>   |
| <b>Heavy:</b> Ability to lift up to 100 pounds maximum with frequent lifting and/or carrying objects weighing up to 50 pounds.   | <b>50-100#</b>                      | <b>25-50#</b>   | <b>10-20#</b>   |
| <b>Very Heavy:</b> Ability to lift over 100 pounds with frequent lifting and/or carrying objects weighing over 50 pounds.  | <b>Over 100#</b>                    | <b>Over 50#</b>   | <b>Over 20#</b>   |

List any other physical requirements or bona fide occupational qualifications:

**Note:** The purpose of this document is to describe the general nature and level of work performed by personnel so classified; it is not intended to serve as an inclusive list of all responsibilities associated with this position.