### UW HEALTH JOB DESCRIPTION

LIFEGUARD						
Job Code: 930008	FLSA Status: Non-Exempt	Mgt. Approval:	L. Milbrandt	Date:		
Department: Fitness Center/TAC Wellness		HR Approval:	J. Olson	Date: June 2019		
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### **JOB SUMMARY**

Incumbent shall be responsible for lifeguarding at the Aquatic Center during assigned shifts. Lifeguard has the responsibility of ensuring for a safe environment both in and out of the water, while on duty.

### **MAJOR RESPONSIBILITIES**

## Safety

- Ensure the safety of all participants by enforcing preventative measures, promoting consistency, and remaining alert at all times
- Learn and follow all emergency procedures. Maintain current certifications and provide a copy of each.
- Maintain a level of physical fitness that will enable you to perform rescue techniques.
- Keep decks free of equipment and clutter.
- Regularly attend staff meetings and in-service training.

### **Customer Service**

- Greet participants and maintain a professional, yet inviting atmosphere within the Aquatic Center.
- Give assistance with the hydraulic lift, aqua wheelchair, ramps, equipment, and workout information, as needed.
- · Reset lane lines and signs as needed.
- Solve problems related to pool use, equipment, and other participant concerns. Communicate necessary information to your supervisor.

#### **General Duties**

- Follow opening and closing procedures, securing the facility as trained.
- Under management direction, find a substitute guard from the Aquatic Center list should you need to be absent.

# ALL DUTIES AND REQUIREMENTS MUST BE PERFORMED CONSISTENT WITH THE UW HEALTH PERFORMANCE STANDARDS.

JOB REQUIREMENTS					
Education	Minimum				
	Preferred	High School diploma or equivalent			
Work Experience	Minimum				
	Preferred	Previous lifeguard experience			
Licenses & Certifications	Minimum  Preferred	<ul> <li>Current Red Cross Lifeguard Training Certification</li> <li>Current CPR for the Professional Rescuer Certification</li> <li>Current First Aid Certification</li> </ul>			
Required Skills, Knowledge, and Abilities		<ul> <li>Ability to pass the skills and written exams</li> <li>Ability to enforce rules and assist participants in a friendly, respectful manner</li> <li>Applicants with expired certifications or non-Red Cross certifications interested in applying may be eligible to attend a class for a Red Cross Lifeguard Training certification and/or CPR certification through UW Health Sports Medicine Center at the discretion of the manager.</li> </ul>			

### AGE SPECIFIC COMPETENCY (Clinical jobs only)

Identify age-specific competencies for direct and indirect patient care providers who regularly assess, manage and treat patients.

**Instructions:** Indicate the age groups of patients served either by direct or indirect patient care by checking the appropriate boxes below. Next,

~   -	appropriate solves solven month				
	Infants (Birth – 11 months)	X	Adolescent (13 – 19 years)		
	Toddlers (1 – 3 years)	Х	Young Adult (20 – 40 years)		
	Preschool (4 – 5 years)	Х	Middle Adult (41 – 65 years)		
	School Age (6 – 12 years)	Х	Older Adult (Over 65 years)		

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## **JOB FUNCTIONS**

Review the employee's job description and identify each essential function that is performed differently based on the age group of the patient.

# **PHYSICAL REQUIREMENTS**

Indicate the appropriate physical requirements of this job in the course of a shift. Note: reasonable accommodations may be made available for individuals with disabilities to perform the essential functions of this position.

Physical Demand Level		Occasional Up to 33% of the time	Frequent 34%-66% of the time	Constant 67%-100% of the time	
	Sedentary: Ability to lift up to 10 pounds maximum and occasionally lifting and/or carrying such articles as dockets, ledgers and small tools. Although a sedentary job is defined as one, which involves sitting, a certain amount of walking and standing is often necessary in carrying out job duties. Jobs are sedentary if walking and standing are required only occasionally and other sedentary criteria are met.	Up to 10#	Negligible	Negligible	
	<b>Light:</b> Ability to lift up to 20 pounds maximum with frequent lifting and/or carrying of objects weighing up to 10 pounds. Even though the weight lifted may only be a negligible amount, a job is in this category when it requires walking or standing to a significant degree.	Up to 20#	Up to 10# or requires significant walking or standing, or requires pushing/pulling of arm/leg controls	Negligible or constant push/pull of items of negligible weight	
	<b>Medium:</b> Ability to lift up to 50 pounds maximum with frequent lifting/and or carrying objects weighing up to 25 pounds.	20-50#	10-25#	Negligible-10#	
X	<b>Heavy:</b> Ability to lift up to 100 pounds maximum with frequent lifting and/or carrying objects weighing up to 50 pounds.	50-100#	25-50#	10-20#	
	<b>Very Heavy:</b> Ability to lift over 100 pounds with frequent lifting and/or carrying objects weighing over 50 pounds.	Over 100#	Over 50#	Over 20#	
	er - list any other physical requirements or bona fide upational qualifications not indicated above:				

Note: The purpose of this document is to describe the general nature and level of work performed by personnel so classified; it is not intended to serve as an inclusive list of all responsibilities associated with this position.