

# UW HEALTH JOB DESCRIPTION

## Senior Clinical Health Psychologist

Job Code: 840013	FLSA Status: Exempt	Mgt. Approval: B. Lonergan	Date: February 2020
Department: Behavioral Health		HR Approval: N. Lazaro	Date: February 2020

### JOB SUMMARY

The Senior Clinical Health Psychologist demonstrates an advanced level of clinical knowledge, communication and interdisciplinary collaboration, professionalism, and systems-based practice. This role works with administrative, nursing, physician, and university faculty to assure safe, effective, quality patient care and to promote UW Health's educational and research missions. The Senior Clinical Health Psychologist requires considerable leadership skills in interaction with professional contacts on a daily basis. The Senior level also provides consultation to other providers, and acts as the Behavioral Health content expert in working in the multidisciplinary setting.

The Senior Clinical Health Psychologist is responsible for the assessment and delivery of mental health services on an outpatient and/or inpatient basis to patients with medical conditions. The Senior Clinical Health Psychologist identifies, assesses, triages, and assists in the management of patients with medical and behavioral health problems.

The Senior Clinical Health Psychologist is responsible for teaching, providing evidence-based and promising treatment, providing consultation, participating in program development, and supervising interns and/or post-doctoral fellows. This work is done following broadly defined guidelines and requires a high degree of innovation, knowledge of the current professional literature, and independent functioning.

### MAJOR RESPONSIBILITIES

#### Clinical Practice:

- Provide Health Psychology services, including assessment, treatment planning, and intervention based on the unique needs of the patient. Outpatient programs may include both individual and group therapy and psychoeducational groups as indicated.
- Act as a consultant to staff, patients and families specializing in chronic/acute illness and disability, including the expected range of behaviors associated with a host of medical problems.
- Work as part of the primary treatment team as appropriate for outpatient, and as part of the multi-disciplinary consult service for inpatient.
- Provide in-depth psychological evaluations as required in area of specialty.
- Coordinate patient care with primary care, other specialty providers, schools, and families via written and verbal communication.
- Arrange for appropriate care within the UW Health system or through outside providers as prescribed in policies and procedures.
- Ensure that each patient's rights are protected and that they are provided with appropriate interventions based on ability to participate, cultural concerns, and diagnostic impression.
- Maintain progress notes and other documentation required for the client medical record and utilization management within the timelines outlined by UW Health.
- Participate in quality initiatives and utilization review activities as requested.
- Exercise the legal authority as a psychologist in Wisconsin hospitals, including assessment and documentation of patient mental status, general cognitive functioning, emotional status, and personality functioning.
- On an ongoing basis, strive to understand and meet the fiscal and financial parameters of practicing in the health care environment.

#### Educational/Instruction and Research:

- Provide clinical supervision to psychology trainees as assigned and as appropriate based on licensure.
- Participate in training activities (e.g., with post-doctoral fellows and interns, graduate and undergraduate students, medical students, residents).
- Perform UW Health staff education, presentations and consultation.
- Provide educational presentations for the UW Health community.
- Participate in national and local conferences, and professional organizations.
- Create and review Health Psychology educational and instructional materials to ensure information is up to date and evidence-based (e.g., patient handouts, training and onboarding materials, department webpages, etc.)
- Disseminate meaningful and relevant information to Health Psychology colleagues following conference attendance to promote enhanced knowledge within the department.

#### Leadership:

- Provide guidance related to the practice of early-career Health Psychologists, and Behavioral Health providers in training, including post-doctoral fellows, interns and practicum students as arranged.
- Facilitate peer supervision for team.
- Provide feedback on clinical practice for performance reviews for assigned team members and upon request.

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**ALL DUTIES AND REQUIREMENTS MUST BE PERFORMED CONSISTENT WITH THE UW HEALTH PERFORMANCE STANDARDS**

### JOB REQUIREMENTS

Education	Minimum	Doctor of Philosophy (Ph.D.) or Psychology (Psy.D.) in Clinical Psychology or related field
	Preferred	1-2 years Fellowship in Health Psychology
Work Experience	Minimum	Three (3) years of post-doc experience as a clinical psychologist in a medical setting with pediatric and/or adult patients as relevant to the position
	Preferred	Five (5) years post-doctoral experience in the area of Health Psychology
Licenses & Certifications	Minimum	<ul style="list-style-type: none"> <li>• Licensure or eligible for licensure as a Psychologist in Wisconsin</li> <li>• CPR/BLS</li> </ul>
	Preferred	
Required Skills, Knowledge, and Abilities		<ul style="list-style-type: none"> <li>• Eligibility for listing in the National Register of Health Service Providers in Psychology</li> <li>• Excellent verbal and written communication skills</li> <li>• Ability to provide post-doctoral graduate and undergraduate training, including formal lectures and seminars, to Psychology interns, medical students, and residents in areas related to Health Psychology</li> <li>• Ability to effectively supervise the work of Psychology interns, medical students, and residents</li> <li>• Ability to provide clinical service to a wide range of ages and to persons having any number of health-related issues, including chronic illness, traumatic injury, physical disability, mental illness, and end-of-life decision making</li> <li>• Ability to identify emotional, behavioral, and psychosocial needs and strengths and integrate into care plan</li> <li>• Ability to contribute to program development and outcome evaluation efforts</li> <li>• Ability to provide Health Psychology consultation for health care professionals, family members, and patients</li> <li>• Ability to work effectively with colleagues in a team environment and to collaborate with professionals across a variety of disciplines</li> <li>• Ability to consistently maintain and convey a positive attitude and provide excellent customer service in service delivery</li> <li>• Flexibility in responding to day-to-day clinical service demands and provider staffing coverage needs within the Health Psychology service</li> <li>• Demonstrated leadership on a team and organizational level through utilization of clinical knowledge and skills to enhance patient care (e.g., on committees and/or workgroups, through process improvements, in developing new programs, etc.)</li> <li>• Demonstrated excellence in clinical competence as exhibited through direct patient care and teaching activities, to build capacity across the system</li> <li>• Demonstrated skill in engaging in community outreach and public health and well-being activities through advocacy work (e.g., participation in community initiatives, delivering presentations, etc.)</li> </ul>

### AGE SPECIFIC COMPETENCY (Clinical jobs only)

Identify age-specific competencies for direct and indirect patient care providers who regularly assess, manage and treat patients.

**Instructions:** Indicate the age groups of patients served either by direct or indirect patient care by checking the appropriate boxes below. Next,

<input checked="" type="checkbox"/>	Infants (Birth – 11 months)	<input checked="" type="checkbox"/>	Adolescent (13 – 19 years)
<input checked="" type="checkbox"/>	Toddlers (1 – 3 years)	<input checked="" type="checkbox"/>	Young Adult (20 – 40 years)
<input checked="" type="checkbox"/>	Preschool (4 – 5 years)	<input checked="" type="checkbox"/>	Middle Adult (41 – 65 years)
<input checked="" type="checkbox"/>	School Age (6 – 12 years)	<input checked="" type="checkbox"/>	Older Adult (Over 65 years)

### JOB FUNCTIONS

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Review the employee's job description and identify each essential function that is performed differently based on the age group of the patient.			
<b>PHYSICAL REQUIREMENTS</b>			
<b>Indicate the appropriate physical requirements of this job in the course of a shift.</b> <i>Note: reasonable accommodations may be made available for individuals with disabilities to perform the essential functions of this position.</i>			
<b>Physical Demand Level</b>	<b>Occasional</b> Up to 33% of the time	<b>Frequent</b> 34%-66% of the time	<b>Constant</b> 67%-100% of the time
<b>Sedentary:</b> Ability to lift up to 10 pounds maximum and occasionally lifting and/or carrying such articles as docket, ledgers and small tools. Although a sedentary job is defined as one, which involves sitting, a certain amount of walking and standing is often necessary in carrying out job duties. Jobs are sedentary if walking and standing are required only occasionally and other sedentary criteria are met.	<b>Up to 10#</b>	<b>Negligible</b>	<b>Negligible</b>
<b>X Light:</b> Ability to lift up to 20 pounds maximum with frequent lifting and/or carrying of objects weighing up to 10 pounds. Even though the weight lifted may only be a negligible amount, a job is in this category when it requires walking or standing to a significant degree.	<b>Up to 20#</b>	<b>Up to 10#</b> requires significant walking or standing, or requires pushing/pulling of arm/leg controls	<b>Negligible</b> or constant push/pull of items of negligible weight
<b>Medium:</b> Ability to lift up to 50 pounds maximum with frequent lifting and/or carrying objects weighing up to 25 pounds.	<b>20-50#</b>	<b>10-25#</b>	<b>Negligible-10#</b>
<b>Heavy:</b> Ability to lift up to 100 pounds maximum with frequent lifting and/or carrying objects weighing up to 50 pounds.	<b>50-100#</b>	<b>25-50#</b>	<b>10-20#</b>
<b>Very Heavy:</b> Ability to lift over 100 pounds with frequent lifting and/or carrying objects weighing over 50 pounds.	<b>Over 100#</b>	<b>Over 50#</b>	<b>Over 20#</b>
List any other physical requirements or bona fide occupational qualifications:			

Note: The purpose of this document is to describe the general nature and level of work performed by personnel so classified; it is not intended to serve as an inclusive list of all responsibilities associated with this position.