

## UW HEALTH JOB DESCRIPTION

### SENIOR ATHLETIC TRAINER

Job Code: 930009

FLSA Status: Exempt

Mgt Approval: Date:

HR Approval: CMW 1-17

### JOB SUMMARY

The Senior Athletic Trainer is an experienced athletic training position with clinical program development and educational responsibilities in the Sports Medicine Clinic and Athletic Training Outreach Program. The incumbent will coordinate educational and/or training programs, evaluate and treat patients within the scope and practice of athletic training clinical competencies as defined by the NATABOC and the State of Wisconsin Athletic Training Affiliated Credentialing Board.

### MAJOR RESPONSIBILITIES

- I. Patient Care
  - a. Obtain medical history on each patient including: history of injury or condition, primary complaint, pain level assessment, and quality of life and how it is affected.
  - b. Perform an appropriate physical examination on each patient including: range of motion testing, strength and/or manual muscle testing, sensation testing, palpation, functional testing, ligamentous testing, and special tests as needed.
  - c. Order diagnostic studies or other referrals under the direction of the attending physician including: Radiograph, MRI, EMG Study, CT Scan, Ultrasound, Rehabilitation referrals, and Physician referrals
  - d. Educate patients through answering questions and/or instruction.
  - e. Provide initial rehabilitation exercises and the instruction, demonstration, and feedback on patient performance of the exercises.
  - f. Fit the patient with splints, crutches, braces, wraps, and other equipment as directed by the attending physician.
  - g. Remove of sutures and provide dressing changes to post-surgical patients as directed by the attending physician.
  - h. Aid the physician in preparing patients for injections including cleaning and disinfecting the area to be injected and preparing materials to be utilized both before and after the injection.
  - i. Dictate and document each patient visit including: history (including pain rating and problem list updates), physical examination, diagnostic test results, impression, plan, and patient learning. Then provide a copy of dictated note to appropriate healthcare providers.
- II. Education and Development
  - a. Create and present educational materials/training.
  - b. Attend and participate in staff meetings.
  - c. Act as a mentor for new and existing staff.
- III. Additional Duties
  - a. Coordinate and participate in programs involving internal and external groups.
  - b. Provide athletic training coverage for events.
  - c. Assist in administrative duties and maintain an organized and professional appearance of clinical and educational areas.
  - d. Assist the Supervisor of Athletic Training Services with short-term goal setting and long range planning for the UW Hospital Athletic Training Program and staff.
  - e. Perform additional duties as assigned.

**ALL DUTIES AND REQUIREMENTS MUST BE PERFORMED CONSISTENT WITH THE UW HEALTH PERFORMANCE STANDARDS**

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REQUIRED QUALIFICATIONS	
<b>Education</b>	Bachelor's Degree in related field
<b>Work Experience</b>	Minimum three (3) years experience athletic training experience.
<b>Licenses/Certifications</b>	<ul style="list-style-type: none"> <li>• Wisconsin Athletic Trainer License</li> <li>• Certification by the National Athletic Trainers Association and NATABOC</li> <li>• Valid Driver's License</li> </ul>
<b>Skills, Knowledge, and Abilities</b>	<ul style="list-style-type: none"> <li>• Ability to work in a team environment and to collaborate with a variety of health care professionals</li> <li>• Excellent verbal and written communication skills</li> <li>• Excellent organizational skills</li> <li>• Ability to perform multiple tasks simultaneously</li> <li>• Ability to maintain confidentiality</li> <li>• Knowledge of computers and experience with the Microsoft Office Suite</li> </ul>

PHYSICAL REQUIREMENTS				
<b>Indicate the appropriate physical requirements of this job in the course of a shift.</b> <i>Note: reasonable accommodations may be made available for individuals with disabilities to perform the essential functions of this position.</i>				
Physical Demand Level		Occasional Up to 33% of the time	Frequent 34%-66% of the time	Constant 67%-100% of the time
	<b>Sedentary:</b> Ability to lift up to 10 pounds maximum and occasionally lifting and/or carrying such articles as dockets, ledgers and small tools. Although a sedentary job is defined as one, which involves sitting, a certain amount of walking and standing is often necessary in carrying out job duties. Jobs are sedentary if walking and standing are required only occasionally and other sedentary criteria are met.	Up to 10#	Negligible	Negligible
	<b>Light:</b> Ability to lift up to 20 pounds maximum with frequent lifting and/or carrying of objects weighing up to 10 pounds. Even though the weight lifted may be only be a negligible amount, a job is in this category when it requires walking or standing to a significant degree.	Up to 20#	Up to 10# or requires significant walking or standing, or requires pushing/pulling of arm/leg controls	Negligible or constant push/pull of items of negligible weight
<b>X</b>	<b>Medium:</b> Ability to lift up to 50 pounds maximum with frequent lifting/and or carrying objects weighing up to 25 pounds.	20-50#	10-25#	Negligible- 10#
	<b>Heavy:</b> Ability to lift up to 100 pounds maximum with frequent lifting and/or carrying objects weighing up to 50 pounds.	50-100#	25-50#	10-20#
	<b>Very Heavy:</b> Ability to lift over 100 pounds with frequent lifting and/or carrying objects weighing over 50 pounds.	Over 100#	Over 50#	Over 20#