

UW HEALTH JOB DESCRIPTION

ATHLETIC TRAINER RESIDENT

Job Code: X70NN1	FLSA Status: Exempt	Mgt. Approval: J. Strifler & M. Kostichka	Date: July 2023
Department: Clinics – Sports Medicine, Clinics - Orthopedics	HR Approval: J. Olson	Date: July 2023	

JOB SUMMARY

The Athletic Trainer Residency Program is a 12-month post-professional athletic training position with clinical and educational responsibilities in the UW Health Sports Medicine and Orthopedic Clinics. This position requires that the incumbent possess the clinical evaluation and educational skills expected of an Athletic Trainer for UW Health. Additionally, the incumbent will provide athletic training services for UW Health in consultation with a sports medicine physician. The incumbent will be responsible for meeting the curriculum requirements of the UW Health Athletic Training Residency Program.

General supervision and direction will be provided in patient care responsibilities. Didactic instruction, clinical instruction, and 1:1 mentoring will be provided per the curriculum guidelines of the residency program under the direction of the Athletic Training Residency Coordinator.

The incumbent has direct patient contact, primarily for the evaluation and treatment of medical and musculoskeletal pathology. This is consistent with the scope and practice of athletic training clinical competencies as defined by the Board of Certification (BOC) and the State of Wisconsin Athletic Training Affiliated Credentialing Board. The incumbent must perform many of the outlined tasks with minimal or no supervision in the clinical setting and in the field. Patients include pediatric through geriatric populations in the clinical and outreach settings. The incumbent has access to and knowledge of confidential medical information regarding patients' medical history; access to this information is crucial in the evaluation and treatment of patients.

Problems encountered are of a moderate level of complexity and a considerable amount of creativity, resourcefulness, and innovation are utilized in problem solving. Coordination of patient care services with other health care providers is essential.

A wide variety of internal and external contact relationships are involved in performance of the duties of this position and a high degree of independence in creating and enhancing these relationships is expected. Internal contacts include, but are not limited to, other members of the athletic training and physical therapy staff, physicians, nursing staff, medical residents and fellows, surgical schedulers, onsite and offsite scheduling staff, fitness center staff, exercise physiology staff, preventive cardiology staff, radiology staff, public relations staff, legal counsel, and a variety of administrative staff. External contacts include, but are not limited to, physicians, athletic trainers, and physical therapists from other institutions, academic athletic training programs, patient and/or athlete family members, coaches, athletic directors, equipment vendors, case managers, and insurance representatives.

MAJOR RESPONSIBILITIES

Patient Care Functions

1. The performance of an appropriate medical history on each patient seen that must include, but is not limited to:
 - a. A thorough history of injury or condition
 - b. A primary complaint
 - c. A pain level assessment
 - d. Past medical history
 - e. Quality of life and how it is affected
2. The performance of an appropriate physical examination on each patient seen. This includes, but is not limited to:
 - a. Range of motion testing
 - b. Strength and/or Manual Muscle testing
 - c. Sensation testing
 - d. Palpation
 - e. Functional testing
 - f. Ligamentous testing
 - g. Special tests as needed

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3. The ordering of diagnostic studies or other referrals under the direction of the attending physician to include, but is not limited to:
 - a. Radiographs
 - b. MRIs
 - c. EMG Studies
 - d. CT Scans
 - e. Ultrasounds
 - f. Rehabilitation referrals
 - g. Physician referrals
4. The performance of educational responsibilities is specific to the needs of each individual patient. This includes, but is not limited to:
 - a. Exercise instruction
 - b. Answering patient questions regarding the treatment plan, surgery, rehabilitation, and future care
 - c. Providing educational handouts for future reference
5. Providing initial rehabilitation exercises and the instruction, demonstration, and feedback on patient performance of the exercises as directed by the attending physician
6. Fitting the patient with durable medical equipment (DME). DME includes splints, crutches, braces, and wraps as directed by the attending physician. The incumbent will also educate the patient on the appropriate use of the equipment provided.
7. Removal of sutures and providing dressing changes to post-surgical patients as directed by the attending physician
8. Aiding in preparing patients for injections that will be performed by the attending physician. Preparations include cleaning and disinfecting the area to be injected and preparing materials to be utilized both prior to and after the injection.
9. All required documentation for patient encounters will be accurately completed following UW Health guidelines
10. Rooming patients for clinic visit to include:
 - a. Vitals
 - b. Pain Rating
 - c. Learning Assessment
 - d. Medication Reconciliation
 - e. Allergy Verification
 - f. Updating past medical and surgical history

Educational Programming, Musculoskeletal Radiology, & Operating Room Experience

1. Active participant in learning. Attends pre, mid, and final rotation meetings with faculty preceptors in assigned focus area.
2. Participate in athletic training residency program review and development
3. Participate in intra-departmental educational programming by delivering educational presentations throughout the residency program
4. Observe in Musculoskeletal Radiology, reading of various imaging (x-rays, MRI, CT), and administration of US/Fluro-guided procedures.
5. Observe and scrub in with orthopedic surgeons in the operating room after completion of required competencies. Observes orthopedic surgeons in the outpatient operating room.

Responsibilities of the Resident

1. Participate in safe and compassionate patient care under a level of supervision commensurate with achieved cognitive and procedural skills
2. Participate and fulfill the educational requirements assigned by the sponsoring institution, Commission on Accreditation of Athletic Training Education (CAATE), and the BOC with reasonable progress in established milestones
3. Demonstrate competency in the Accreditation Council for Graduate Medical Education (ACGME) Competencies, including the areas of professionalism, patient care and procedural skills, medical knowledge, practice-based learning

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and improvement, interpersonal and communication skills, and systems-based practice as determined by the sponsoring institution and training program by program completion

4. Participate in institutional programs and activities and become familiar with and adhere to all applicable laws, regulations, rules, bylaws, policies, codes, procedures, and established practices, including those of the sponsoring institution

All duties and requirements must be performed consistent with the UW Health Performance Standards.

JOB REQUIREMENTS

Education	Minimum	Undergraduate degree from an accredited Athletic Training Education Program
	Preferred	Master's Degree in Athletic Training or healthcare related field
Work Experience	Minimum	One (1) year of experience as a Certified Athletic Trainer in any sports medicine or orthopedic setting
	Preferred	Two (2) years of experience as a Certified Athletic Trainer in any sports medicine or orthopedic setting
Licenses & Certifications	Minimum	<ul style="list-style-type: none"> Certification by the National Athletic Trainers Association Board of Certification Licensed Athletic Trainer in State of WI. UW Health may allow a one-month grace period to obtain license in extenuating circumstances. No patient care will be performed within the grace period. CPR Certification NPI Number
	Preferred	
Required Skills, Knowledge, and Abilities		<ul style="list-style-type: none"> Excellent verbal and written communication skills to communicate effectively with supervisors, peers, and all other medical staff encountered Ability to use relevant medical terminology A strong clinical, academic, and organizational background to support problem solving in the areas of residency programming, educational development, and research facilitation Possesses the skills needed to deliver patient-centered care as a member of an interdisciplinary team, emphasizing evidence-based practice, quality improvement approaches, healthcare informatics, and professionalism Arrives in a punctual manner and is present or arranges coverage for all assigned responsibilities Demonstrates the ability to accurately document in the medical record Works to assure that each patient encountered has the most appropriate and timely treatment possible Demonstrates emergency management skills for all necessary conditions that may be encountered Demonstrates willingness, flexibility, and a positive attitude toward the performance of all athletic training responsibilities Delivers patient medical care in a positive, caring, and empathetic manner while working to assure all patient questions are answered in a helpful manner

AGE SPECIFIC COMPETENCY (Clinical jobs only)

Identify age-specific competencies for direct and indirect patient care providers who regularly assess, manage and treat patients.

Instructions: Indicate the age groups of patients served either by direct or indirect patient care by checking the appropriate boxes below. Next,

<input checked="" type="checkbox"/>	Infants (Birth – 11 months)	<input checked="" type="checkbox"/>	Adolescent (13 – 19 years)
<input checked="" type="checkbox"/>	Toddlers (1 – 3 years)	<input checked="" type="checkbox"/>	Young Adult (20 – 40 years)
<input checked="" type="checkbox"/>	Preschool (4 – 5 years)	<input checked="" type="checkbox"/>	Middle Adult (41 – 65 years)
<input checked="" type="checkbox"/>	School Age (6 – 12 years)	<input checked="" type="checkbox"/>	Older Adult (Over 65 years)

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JOB FUNCTIONS

Review the employee's job description and identify each essential function that is performed differently based on the age group of the patient.

PHYSICAL REQUIREMENTS

Indicate the appropriate physical requirements of this job in the course of a shift. *Note: reasonable accommodations may be made available for individuals with disabilities to perform the essential functions of this position.*

Physical Demand Level		Occasional Up to 33% of the time	Frequent 34%-66% of the time	Constant 67%-100% of the time
	Sedentary: Ability to lift up to 10 pounds maximum and occasionally lifting and/or carrying such articles as docket, ledgers and small tools. Although a sedentary job is defined as one, which involves sitting, a certain amount of walking and standing is often necessary in carrying out job duties. Jobs are sedentary if walking and standing are required only occasionally and other sedentary criteria are met.	Up to 10#	Negligible	Negligible
	Light: Ability to lift up to 20 pounds maximum with frequent lifting and/or carrying of objects weighing up to 10 pounds. Even though the weight lifted may only be a negligible amount, a job is in this category when it requires walking or standing to a significant degree.	Up to 20#	Up to 10# or requires significant walking or standing, or requires pushing/pulling of arm/leg controls	Negligible or constant push/pull of items of negligible weight
X	Medium: Ability to lift up to 50 pounds maximum with frequent lifting/and or carrying objects weighing up to 25 pounds.	20-50#	10-25#	Negligible-10#
	Heavy: Ability to lift up to 100 pounds maximum with frequent lifting and/or carrying objects weighing up to 50 pounds.	50-100#	25-50#	10-20#
	Very Heavy: Ability to lift over 100 pounds with frequent lifting and/or carrying objects weighing over 50 pounds.	Over 100#	Over 50#	Over 20#
Other - list any other physical requirements or bona fide occupational qualifications not indicated above:				

Note: The purpose of this document is to describe the general nature and level of work performed by personnel so classified; it is not intended to serve as an inclusive list of all responsibilities associated with this position.