

UW HEALTH JOB DESCRIPTION

INTERN – HEALTH PSYCHOLOGY MS

Job Code: X70NN2	FLSA Status: Exempt	Mgt. Approval: N Poirier	Date: 12-17
Department : Rehab Health Psychology 8803		HR Approval: K Szudy	Date: 12-17

JOB SUMMARY

Under the supervision of licensed staff psychologists, the Health Psychologist Intern will provide psychological evaluation, consultation and intervention services for inpatients and outpatients within the medical setting, primary care behavioral health clinic setting, and within an outpatient mental health setting. Interns spend approximately 80% of time in Health Psychology, and 20% in Adult/Child Psychopathology (UW Health Dept. of Psychiatry Outpatient services). Assessments are performed to determine behavioral, affective and personality contributing factors, response to illness/disability and the need for further psychological intervention. Interns receive training in psychological testing, behavioral assessment and consultation, mental status evaluation; and psychological intervention

The Intern Health Psychology is responsible for providing psychotherapeutic interventions to a diverse mix (age, ethnicity, socioeconomic and geographical) of inpatients and outpatients on an individual, family and/or group basis. Intern Health Psychology provides both long- and short-term therapy and are encouraged to obtain supervised experience across several therapeutic orientations, including psychodynamic, cognitive/behavioral and systems theory. Intern Health Psychology performs individual, couples, and family therapy interventions as appropriate.

A significant component of the training program in Health Psychology involves consultation with other medical professionals and health care staff. Intern Health Psychology serves on multidisciplinary treatment teams and also provides consultation to physicians, nursing and allied health staff throughout the Medical Center. Intern Health Psychology s may also be involved in providing consultation to community and school programs.

Intern Health Psychology participates in training programs offered throughout the hospital and may provide training in their areas of expertise to other health professionals. They also present case presentations to psychology staff. Intern Health Psychology is expected to engage in scholarly inquiry and application of relevant research literature to clinical practice throughout the internship. Research activities may be negotiated on a case-by-case basis.

MAJOR RESPONSIBILITIES

Technical Skill: Incumbent performs his/her job demonstrating technical ability, understanding of job expectations and compliance with organizational policies and procedures. The incumbent performs the following **job responsibilities**:

- A. Assessment
 - Behavioral Analyses
 - Mental Status Evaluation
 - Psychodiagnostic Assessment may include intellectual and personality testing, developmental assessment, neuropsychological assessment and decisional capacity evaluation when appropriate.
- B. Psychotherapy and Behavioral Interventions
 - Individual, couples and family, and group therapy utilizing a range of appropriate interventions.
 - Specialized therapy techniques including hypnotherapy and biofeedback may also be utilized as appropriate based on clinical supervisors' knowledge and skills.
- C. Consultation
 - Provides appropriate recommendations to multidisciplinary staff regarding management of patient to facilitate effective medical outcomes and successful psychosocial adjustment utilizing a patient-family centered perspective.
 - Provides consultation to schools and other community resources when needed and appropriate.
 - Serves as the consultant on various multidisciplinary treatment teams across the hospital.
- D. Training
 - Receives training in clinical and health psychology through formal didactic seminars, grand rounds, and ongoing supervision.
 - Makes case presentations to psychology staff.
- E. Research
 - Engages in scholarly inquiry and research related to Health Psychology (negotiated on a case-by-case basis).

ALL DUTIES AND REQUIREMENTS MUST BE PERFORMED CONSISTENT WITH THE UW HEALTH PERFORMANCE STANDARDS.

JOB REQUIREMENTS

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Education	Minimum	Completion of all coursework in a doctoral-level program in Clinical or Counseling Psychology from a program approved by the American Psychological Association
	Preferred	
Work Experience	Minimum	
	Preferred	
Licenses & Certifications	Minimum	CPR/BLS
	Preferred	
Required Skills, Knowledge, and Abilities		<ul style="list-style-type: none"> • Proven ability to conduct individual, group, family and couples psychotherapy. • Ability to work effectively with diverse populations and across the developmental and multicultural spectrum. • Proven interpersonal skills and ability to work effectively with professionals and families from a variety of disciplines. • Assessment skills including personality, cognitive functioning, and emotional functioning. • Familiarity with research and ability to evaluate research in the area of psychology. • Ability to function independently with at least a moderate degree of responsibility. • Training and proven ability to act ethically according to professional code of conduct for psychologists

AGE SPECIFIC COMPETENCY (Clinical jobs only)

Identify age-specific competencies for direct and indirect patient care providers who regularly assess, manage and treat patients.

Instructions: Indicate the age groups of patients served either by direct or indirect patient care by checking the appropriate boxes below. Next,

<input checked="" type="checkbox"/>	Infants (Birth – 11 months)	<input checked="" type="checkbox"/>	Adolescent (13 – 19 years)
<input checked="" type="checkbox"/>	Toddlers (1 – 3 years)	<input checked="" type="checkbox"/>	Young Adult (20 – 40 years)
<input checked="" type="checkbox"/>	Preschool (4 – 5 years)	<input checked="" type="checkbox"/>	Middle Adult (41 – 65 years)
<input checked="" type="checkbox"/>	School Age (6 – 12 years)	<input checked="" type="checkbox"/>	Older Adult (Over 65 years)

JOB FUNCTIONS

Review the employee's job description and identify each essential function that is performed differently based on the age group of the patient.

PHYSICAL REQUIREMENTS

Indicate the appropriate physical requirements of this job in the course of a shift. *Note: reasonable accommodations may be made available for individuals with disabilities to perform the essential functions of this position.*

Physical Demand Level		Occasional Up to 33% of the time	Frequent 34%-66% of the time	Constant 67%-100% of the time
	Sedentary: Ability to lift up to 10 pounds maximum and occasionally lifting and/or carrying such articles as dockets, ledgers and small tools. Although a sedentary job is defined as one, which involves sitting, a certain amount of walking and standing is often necessary in carrying out job duties. Jobs are sedentary if walking and standing are required only occasionally and other sedentary criteria are met.	Up to 10#	Negligible	Negligible
<input checked="" type="checkbox"/>	Light: Ability to lift up to 20 pounds maximum with frequent lifting and/or carrying of objects weighing up to 10 pounds. Even though the weight lifted may only be a negligible amount, a job is in this category when it requires walking or standing to a significant degree.	Up to 20#	Up to 10# or requires significant walking or standing, or requires pushing/pulling of arm/leg controls	Negligible or constant push/pull of items of negligible weight
	Medium: Ability to lift up to 50 pounds maximum with frequent lifting and/or carrying objects weighing up to 25 pounds.	20-50#	10-25#	Negligible-10#
	Heavy: Ability to lift up to 100 pounds maximum with frequent lifting and/or carrying objects weighing up to 50 pounds.	50-100#	25-50#	10-20#
	Very Heavy: Ability to lift over 100 pounds with frequent lifting and/or carrying objects weighing over 50 pounds.	Over 100#	Over 50#	Over 20#

List any other physical requirements or bona fide occupational qualifications:

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Note: The purpose of this document is to describe the general nature and level of work performed by personnel so classified; it is not intended to serve as an inclusive list of all responsibilities associated with this position.